

Fall 2009



School Highlights

Off the streets and on to life.

Quad A Steps Ahead

The research is clear that youth who spend significant time outside of the normal school hours in safe and caring environments are better equipped to handle the many challenges that face our children today.

Quad A staff work together to develop strategies, lesson plans and activities that promote personal, social and academic skills.

Quad A offers programs that use fun techniques to build self-esteem, develop positive behaviors, and resolve conflicts peacefully. Quad A's goal is to build a world-class model replicated across schools.



George Mathers Forbes School No. 4



On Tuesday, October 13th, Quad A opened the after-school program at School No. 4. The word spread fast across the school community and a waiting list is growing. Over 120 students, almost 30% of the school population, signed up for the program.

In its third year, the after-school program expanded to include students in grades 1-6. The program offers a variety of classes: Video Journalism and Technology, Nutrition and Cooking, Dance, Performing Arts, Fencing, Arts and Crafts, and Conflict Resolution. Built within each of the classes is an academic focus along with personal and social skill development. Highlights are listed below.

Nutrition and Cooking

Nutrition education plays a critical role in providing children with the knowledge, skills and opportunities they need to choose healthy foods. In this class, teachers incorporate reading and writing, sequencing and measurement into the lesson – reading recipes and making grocery lists of ingredients. Students will also create a cookbook of healthy recipes for home.



THANK YOU FOR MAKING THIS POSSIBLE!

Rochester Area Community Foundation
Quad A for Kids
500 East Avenue
Rochester, NY 14607

NON-PROFIT ORG.
U.S. POSTAGE
PAID
ROCHESTER, NY
PERMIT NO. 1219



Off the streets and on to life.

A Project of RACF Initiatives

585-341-4400
www.quadforkids.org

Dancing



Dance is considered a sport and art form that is used as a form of expression, social interaction and nonverbal communication. Activities in the dance classes include new dance techniques promoting teamwork, cooperative learning, organization and physical fitness. Students will choreograph dance routines and perform in school performances and productions. The only requirements: respect each other and have fun while learning the art of dance.

Video Journalism and Technology

Media literacy has a dramatic impact on the world today and has changed our culture. Students in this class produce a bi-weekly 30 minute news magazine show based on national, local, and school news. Sports, personal interviews and a "Did You Know That?" education segment will be included in the show. The students will compile information, use various methods of research, and edit with a focus on computer technology.



Courtesy YNN-Rochester

Other News

- A new program at School No. 16 will open on November 16
- Quad A for Kids will unveil its new website in November
- Quad A for Kids has updated its mission, vision and belief statement. Watch for it on the website.

THANK YOU FOR MAKING THIS POSSIBLE!